

DETERMINING THE PSYCHOLOGICAL RESILIENCE AND AGGRESSION TENDENCIES OF PARENTS OF PEDIATRIC PATIENTS ADMITTED TO THE EMERGENCY DEPARTMENT

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KEY WORDS

- ✓ Psychological resilience
- ✓ Aggression tendency
- ✓ Emergency department
- ✓ Parents
- ✓ Pediatric patients

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THESIS ABSTRACT

This study was conducted to determine the psychological resilience levels and aggression tendencies of parents of pediatric patients admitted to the emergency department. The study included 368 parents of children aged 0–18 who presented to İznik State Hospital. Data were collected face-to-face using a sociodemographic information form, the Buss-Perry Aggression Questionnaire (BPAQ), and the Connor-Davidson Resilience Scale–Short Form (CD-RISC-SF). Correlation analysis, t-test, ANOVA, Bonferroni test, and regression methods were used for data analysis. Of the parents, 53.8% were female and 46.2% were male. Significant differences were found between psychological resilience and aggression levels and various demographic variables. However, no significant difference was observed in scores based on the reason for emergency admission (acute or chronic). As psychological resilience increased, significant decreases were observed in aggression and its subdimensions.

APPLICATION AREAS OF THE THESIS RESULTS

These research findings demonstrate the impact of parents' psychological resilience levels on their tendencies toward aggression, providing important data for preventing violence in healthcare settings. Strengthening parents through psychological support programs in emergency departments may help reduce aggressive behaviors. Additionally, awareness and stress management training for parents may lower the risk of aggression, enhance the safety of healthcare professionals, and contribute to the development of violence prevention strategies.

ACADEMIC ACTIVITIES

- Çıtak Tunç, G., Ünal Hatunoğlu, Ö., & Değerli, C. (2023). An analysis of the textbook in terms of gender roles: 9th grade health knowledge and traffic culture [Conference presentation]. *World Women Conference-VI*, Ankara, Türkiye.
- Çıtak Tunç, G., Değerli, C., & Ünal Hatunoğlu, Ö. (2025). Nurses' knowledge about child sexual abuse and their views on prevention training [Oral presentation]. *International Gevher Nesibe Health Sciences Conference-XIV*, Ankara, Türkiye.



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